Adjusting the Seats

Make seat adjustments before driving to ensure the best comfort and safety.

**Adjusting the Front Seats**

Adjust the driver’s seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright and well back in the seat, adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger’s seat should be adjusted so that it is as far back from the front airbag in the dashboard as possible.

The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.
Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate. Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

Reclining the seat-back too far can result in serious injury or death in a crash. Adjust the seat-back to an upright position, and sit well back in the seat.

Sitting improperly or out of position can result in serious injury or death in a crash. Always sit upright, well back in the seat, with your feet on the floor.

Adjusting the Head Restraints

Your vehicle is equipped with head restraints in all seating positions. Head restraints are most effective for protection against whiplash and other rear-impact crash injuries.

The center of the back of the occupant’s head should rest against the center of the restraint. The tops of the occupant’s ears should be level with the center height of the restraint.

For a head restraint system to work properly:

• Do not hang any items on the head restraints or from the restraint legs.
• Do not place any objects between an occupant and the seat-back.
• Install each restraint in its proper location.

Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash. Make sure head restraints are in place and positioned properly before driving.
Adjusting the Front Head Restraints

To raise the head restraint: Pull it upward.
To lower the head restraint: Push it down while pressing the release button.

Adjusting the Rear Head Restraints

To raise the head restraint: Pull it upward.
To lower the head restraint: Push it down while pressing the release button.

Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

To remove the head restraint: Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.
To reinstall a head restraint: Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.

**WARNING**
Failure to reinstall, or correctly reinstall, the head restraints can result in severe injury during a crash.
Always replace the head restraints before driving.

Adjusting the Rear Seats
■ Adjusting the Second Row Passenger’s Seats

Second row passenger's seats can be adjusted manually.

■ Folding Down the Rear Seats

Separately fold down the left and right halves of the rear seat to make room for cargo.

To fold down the seat:
1. Lower the head restraints to their lowest position. Put the armrest back into the seat-back.
2. From the rear door side, pull the release lever.
**Floor Mats**

Position the front and rear seat floor mats properly and anchor them. If they are not properly positioned, the floor mats can interfere with the front seat functions.

**Do not put additional floor mats on top of the anchored mats.**

**Adjusting the Steering Wheel**

The steering wheel height and distance from your body can be adjusted so that you can comfortably grip the steering wheel in an appropriate driving posture.

1. Push down the steering wheel adjustment lever.
2. Move the steering wheel up, down, in, or out.
3. Pull up the lever to lock the steering wheel in place.

**WARNING**

Adjusting the steering wheel position while driving may cause you to lose control of the vehicle and be seriously injured in a crash.

Adjust the steering wheel only when the vehicle is stopped.

**Adjusting the Mirrors**

Adjust the angle of the mirrors for the best visibility when you are sitting in the correct driving position.

- **Automatic Dimming Rearview Mirror and Power Door Mirrors**

  When driving after dark, the automatic dimming function reduces glare in the rearview mirror and power door mirrors from headlights behind you. Press the auto button to turn this function on and off. This function cancels when the shift lever is in Reverse (R).

*1 - If equipped*
### Power Door Mirrors

Adjust the power door mirrors when the vehicle is on. **L/R selector switch:** Select the left or right mirror.

**L/R selector switch:** Select the left or right mirror.

After adjusting the mirror, return the switch to the center position.

**Mirror position adjustment switch:** Press the switch left, right, up, or down to move the mirror.

### Reverse Tilt Door Mirrors*1

To activate this feature, set the power mode to ON and slide the selector switch to the left or right side. If activated, either side door mirror can tilt downward when you shift to Reverse (R) to improve visibility on the selected side of the vehicle when reversing. The mirror returns to its original position when you shift out of Reverse.

*1 - If equipped